

Rangitahi Day

Having Fun With Horses

A one day retreat combining holistic wellbeing with the wisdom of horses



KEY ACTIVITIES

- Horse connection & grooming
- Mounted or leading experience
- Flax weaving for grounding
- Creative art & reflection
- Tikanga and kaupapa Maori
- Shared kai & whanaungatanga

Each group session will be facilitated by an ACC-approved psychologist and an experienced Equine Specialist, both trained in Equine Psychotherapy.

Date: Saturday, 6 December 2025

Format: 1-day retreat (10:00 AM – 3:00 PM)

Ages: 4–14 years with 10–15 participants)

Location: 95 Turner Street, Edendale



Facilitators

Diane Gillespie - Psychologist Equine Psychotherapy (EAP) provider # PAG505

Jemma Boyle - Equine Specialist - Equine Psychotherapy (EAL)

The Equine Team

-- HOW TO REGISTER --



Please e-mail jemma@southcoastpsychology.co.nz your purchase orders for service codes **SCSGTT x 1** and **SCSGT x 5**.